

Hello everyone,

We're so looking forward to working with you in Adelaide during the workshop Engaging with the new Aboriginal and Torres Strait Islander Competencies for practitioners and academics.

We have prepared some readings for you; attached you will find the Principles of a Brave space, which we'd love to you familiarise yourself with, and we'll also be discussing this at the start of the workshop.

We also have attached 4 readings related to the 4 topics that are relevant for the workshop. We encourage you to at least skim read all the readings. During the workshop you'll be invited to self-select 2 topics that you want to explore in more depth together. With this in mind, we suggest that you read in depth at least 2 of the papers that relate to the topics that you want to explore more.

The topics are:

- Self-reflexivity: Wilson 2014 paper
- White Privilege: McIntosh 1989 paper
- Racism in health: Bond 2017 paper
- Strengths based approaches in Aboriginal and Torres Strait Islander nutrition: Wilson 2020 paper

We will also have a dedicated Q&A time with a Panel of Aboriginal and non-Aboriginal dietitians, so we encourage you to come prepared with plenty of questions for discussion!

Look forward to seeing you in Adelaide,

Tracy Hardy, Noell Burgess, Annabelle Wilson and Robyn Delbridge