

Pre Conference Workshops - Sunday Skills Session - Sunday 14 August 2022
Adelaide Convention Centre

NURTURE YOUR CAREER Emerging Stream		EXTEND YOUR PRACTICE Advanced Education Stream				
<p align="center">How toconference! 8:00am - 8:15am</p>		<p align="center">Workshop 01</p> <p>Environmental Sustainability and planetary health— enhancing dietician's motivation, capability, and opportunity to lead transformative change</p> <p align="center">Total duration: 3.5 hours 8.30am - 10.00am Room: E3</p>	<p align="center">Workshop 02</p> <p>Implementing optimal management of cancer-related malnutrition and sarcopenia in health services</p> <p align="center">Total duration: 3.5 hours 8.30am - 10.00am Room: Riverbank 2</p>	<p align="center">Workshop 03</p> <p>Expanding understanding and practice of teaching and assessing professionalism in dietetic education</p> <p align="center">Total duration: 3.5 hours 8.30am - 10.00am Room: Riverbank 3</p>	<p align="center">Workshop 04</p> <p>Extending supervision skills to grow a bold dietetic workforce</p> <p align="center">Total duration: 3.5 hours 8.30am - 10.00am Room: Riverbank 4</p>	<p align="center">OFF-LOCATION</p> <p align="center">Workshop 05</p> <p>Culinary Nutrition Masterclass: best practice in recipe writing and development for dietitians</p> <p align="center">Total duration: 4 hours 8.30am - 12.30pm Sprout Cooking School 89 Sir Donald Bradman Dr, Hilton</p> <p align="center">*Proudly Sponsored by Cobram Estate*</p>
<p align="center">Emerging Dietitians Plenary Part 1 8:15am - 8:45am</p>						
<p align="center">Emerging Dietitians Plenary Part 2 8:45am - 10:30am</p> <p>Odette Pearson - Associate Professor, Aboriginal Health Equity – SA Health and Medical Research Institute Rhea Bergmann - Dietitian and Psychotherapist, Mind-full of Food Anne Schneider - Dietitian, Nutrition Professionals Australia Natalie Mullins - Dietitian, Pod Dietetics</p>						
<p align="center">MORNING TEA 10.30am - 10.45am</p>		<p align="center">MORNING TEA 10.00am - 10.15am</p>				
<p align="center">Approaches to eating, movement and life 10.45am - 12.15pm</p> <p>Dr Fiona Willer - Dietitian, Health not diets Fiona Sutherland - Dietitian, The Mindful Dietitian Meredith Woolsey - Owner and Exercise Physiologist, Move to Live Glenn Mackintosh - Psychologist and Author of 'Thinsanity' Nick Wray - APD and Bariatric and Gastroenterology nutrition special interest Dr Pennie Taylor - APD and Scientist with CSIRO – Health and Biosecurity</p>		<p align="center">Workshop 01 cont.</p> <p>Environmental Sustainability and planetary health— enhancing dietician's motivation, capability, and opportunity to lead transformative change</p> <p align="center">10.15am - 12.15pm Room: E3</p>	<p align="center">Workshop 02 cont.</p> <p>Implementing optimal management of cancer-related malnutrition and sarcopenia in health services</p> <p align="center">10.15am - 12.15pm Room: Riverbank 2</p>	<p align="center">Workshop 03 cont.</p> <p>Expanding understanding and practice of teaching and assessing professionalism in dietetic education</p> <p align="center">10.15am - 12.15pm Room: Riverbank 3</p>	<p align="center">Workshop 04 cont.</p> <p>Extending supervision skills to grow a bold dietetic workforce</p> <p align="center">10.15am - 12.15pm Room: Riverbank 4</p>	<p align="center">OFF-LOCATION</p> <p align="center">Workshop 05 cont.</p> <p>Culinary Nutrition Masterclass: best practice in recipe writing and development for dietitians</p> <p align="center">Total duration: 4 hours 8.30am - 12.30pm Sprout Cooking School 89 Sir Donald Bradman Dr, Hilton</p> <p align="center">*Proudly Sponsored by Cobram Estate*</p>
<p align="center">LUNCH 12.15pm - 1.15pm</p>						
<p align="center">NURTURE YOUR CAREER Emerging Stream</p>		<p align="center">EXTEND YOUR PRACTICE Advanced Education Stream</p>				
<p align="center">Workshop 06</p> <p>Cultivating an awesome (and psychologically minded!) practice for people who live in larger bodies</p> <p align="center">1.15pm - 3.15pm Room: E1</p>	<p align="center">Workshop 07</p> <p>The Basics of Food Allergy: Getting it Right for Future Practice</p> <p align="center">1.15pm - 3.15pm Room: E2</p>	<p align="center">Workshop 08</p> <p>Introduction to Practice-based Evidence in Nutrition (PEN)</p> <p align="center">1.15pm - 3.15pm Room: E3</p>	<p align="center">Workshop 09 Part 1</p> <p>Engaging with the new Aboriginal and Torres Strait Islander health competencies – exploring what this means for practitioners and educators.</p> <p align="center">1.15pm - 3.15pm Room: Riverbank 2</p>	<p align="center">Workshop 10 Part 1</p> <p>Practical skills for managing frailty and sarcopenic obesity in complex advanced liver diseases.</p> <p align="center">1.15pm - 3.15pm Room: Riverbank 3</p>	<p align="center">Workshop 11 Part 1</p> <p>'Food as Medicine' for cardiometabolic conditions: evidence based practice using a healthy dietary pattern approach</p> <p align="center">1.15pm - 3.15pm Room: Riverbank 4</p>	
<p align="center">AFTERNOON TEA 3.15pm - 3.30pm</p>						
<p align="center">Workshop 12</p> <p>Enhancing employability: How to get yourself on track for the career you want</p> <p align="center">3.30pm - 5.30pm Room: E1</p>	<p align="center">Workshop 13</p> <p>Motivational Interviewing: Empowering Change</p> <p align="center">3.30pm - 5.30pm Room: E2</p>	<p align="center">Workshop 14</p> <p>Delivering aged care services in a remote capacity - thinking outside the box</p> <p align="center">3.30pm - 5.30pm Room: E3</p>	<p align="center">Workshop 09 Part 2</p> <p>Engaging with the new Aboriginal and Torres Strait Islander health competencies – exploring what this means for practitioners and educators</p> <p align="center">3:30pm - 5:30pm Room: Riverbank 2</p>	<p align="center">Workshop 10 Part 2</p> <p>Practical skills for managing frailty and sarcopenic obesity in complex advanced liver diseases.</p> <p align="center">3.30pm - 5.30pm Room: Riverbank 3</p>	<p align="center">Workshop 11 Part 2</p> <p>'Food as Medicine' for cardiometabolic conditions: evidence based practice using a healthy dietary pattern approach</p> <p align="center">3.30pm - 5.30pm Room: Riverbank 4</p>	
<p align="center">Welcome Reception Exhibition Hall - Adelaide Convention Centre 5.30pm - 7.00pm</p>						

Day 1 - Monday 15 August 2022
Adelaide Convention Centre

Opening Ceremony
9.00am - 9.30am

Lecture in honour of Professor Manny Noakes presented by Julie Dundon
9.30am - 10.30am

MORNING TEA
10.30 am - 11am

Nurture Plenary
11.00am - 12.30pm

Janeane Dart - Senior Lecturer and PhD Candidate, Monash University
Sarah Pennell - General Manager, Foodbank Australia

LUNCH & Rapid Fire presentations
12.30pm - 1.30pm

Stream: Aboriginal and Torres Strait Islander health and nutrition 1.30pm - 3pm	Stream: Public Health nutrition Session 1 1.30pm - 3pm	Stream: Managing clinical conditions 1: Cancer and gastrointestinal disorders 1.30pm - 3pm	Stream: Teaching/Education Session 1 1.30pm - 3pm	Stream: Childhood and youth nutrition and research 1.30pm - 3pm	Stream: Food service and environmental sustainability 1.30pm - 3pm	Seminar: Extending opportunities for rural dietitians to be bold 1.30pm - 3pm	Symposium: Families and Financial Circumstances: the Food Fallout 1.30pm - 3pm
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AFTERNOON TEA & Pitch Your Project presentations
3pm - 3.30pm

Stream: Diabetes and weight mangement 3.30pm - 5pm	Stream: Support your practice 3.30pm - 5pm	Stream: Critical, hospital and home care 3.30pm - 5pm	Stream: Eating disorders and food allergy/sensitivity 3.30pm - 5pm	Stream: Malnutrition 3.30pm - 5pm	Stream: Food supply, policy and regulation 3.30pm - 5pm	Seminar: Very Low Calorie / Very Low Energy Diets (VLCDs / VLEDs) in different contexts: Overview + panel discussion 3:30pm - 5pm	Symposium: Moving beyond hard evidence to advance nutrition practice, policy and research: using lived experience 3.30pm - 5pm
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Dietitians Australia Interest Group Meetings
5pm - 6pm

Conference Dinner
Dietitians Australia Awards Ceremony
7.00pm onwards
National Wine Centre

Day 2 - Tuesday 16 August 2022
Adelaide Convention Centre

Breakfast Seminar - Championing our profession with politicians and the media

7:30am - 8:55am

Ahead of the recent federal election Dietitians Australia invested in a comprehensive advocacy and media strategy, much more involved than any undertaken previously. The outcomes include increased connection and ongoing discussions with decision makers.
Ensuring our messages were heard in the media was a key part of the strategy.
Come along to find out what went into the strategy, how we achieved enormous reach with our lettuce vs chicken nuggets media release, ongoing actions and opportunities for you to be involved in our advocacy efforts.

Sally Moloney – Marketing & Communications General Manager
Anne Pleash – Advocacy strategy consultant
Amy Phillips – Media Manager
Sayne Dalton – acting Advocacy and Policy General Manager

Breakfast Seminar - Prioritising plant proteins – evidence and practice

7:30am - 8:55am

Proudly Sponsored by Sanitarium

An engaging session highlighting the compelling evidence for prioritising plant proteins in dietary advice - including the updated Dietary Guidelines.
Our experts showcase the science illustrating the health advantages of plant protein and includes examples of dietary guidance where plant proteins have been prioritised.
A culinary nutrition segment featuring plant proteins will be a highlight.

Emma Stirling – Senior Lecturer, Nutrition and Dietetics - Culinary Nutrition: Australian Catholic University
Kathy La Macchia – General Manager, Grains and Legumes Nutrition Council
Tim Cassettari – Director of Translational Science, Nutrition Research Australia

Extend Plenary
9.00am - 10.30am

Dr Jennifer Brady - Director, School of Nutrition and Dietetics, Acadia University
Dr Chris Bourke - Program Director, Indigenous Science and Engagement, CSIRO
Glenn Mackintosh - Creator, the Transformation Support Community

MORNING TEA
10.30 am - 11am

Proudly Sponsored by Lakanto Responsibly Sweet

Emerge Plenary
11.00am-12.30pm

A/Prof. Odette Pearson - Associate Professor and Platform Lead, SA Health and Medical Research Institute
Prof. Heather Keller - Professor and Schlegel Research Chair, Schlegel-UW Research Institute for Aging & University of Waterloo
Dr Cherie Hugo - Founder, The Lantern Project

LUNCH & Rapid Fire presentations
12.30pm - 1.15pm

Board and Member Forum
1.15pm - 2.00pm

Stream: Disability and Sports nutrition 2.00pm-3.30pm	Stream: Public Health Nutrition Session 2 2.00pm-3.30pm	Managing clinical conditions 2: cardiovascular disease, anaemia and kidney disease 2.00pm-3.30pm	Stream: Teaching/Education Session 2 2.00pm-3.30pm	Stream: Older Adults 2.00pm-3.30pm	Stream: Community Nutrition 2.00pm-3.30pm	Symposium: Advocating for nutrition in a noisy world – boldly influencing health professional education to improve health 2.00pm-3.30pm	Symposium: Veg-rific strategies and interventions to increase vegetable intake in children; across sector perspectives 2.00pm-3.30pm
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AFTERNOON TEA & Pitch your Project
3.30pm - 4.00pm

Conference Awards
4.00pm - 4.30pm

Closing Ceremony and Announcement of the Conference
4.30pm - 5.00pm