<table>
<thead>
<tr>
<th>Time</th>
<th>NURTURE YOUR CAREER Emerging Stream</th>
<th>EXTEND YOUR PRACTICE Advanced Education Stream</th>
<th>OFF-LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00am - 10.15am</td>
<td>Workshop 01: Environmental Sustainability and planetary health—enhancing dietitian’s motivation, capability, and opportunity to lead transformative change</td>
<td>Workshop 02: Implementing optimal management of cancer-related malnutrition and sarcopenia in health services</td>
<td>Workshop 04: Culinary Nutrition Masterclass: best practice in recipe writing and development for dietitians</td>
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<tr>
<td>10.15am - 12.15pm</td>
<td>Workshop 05 cont.</td>
<td>Workshop 03: Expanding understanding and practice of teaching and assessing professionalism in dietetic education</td>
<td>Total duration: 4 hours 8.30am - 12.30pm 89 Sir Donald Bradman Dr, Hilton</td>
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<td>Workshop 04: Extending supervision skills to grow a bold dietetic workforce</td>
<td><em>Proudly Sponsored by Cobram Estate</em></td>
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<td>11.15am - 12.15pm</td>
<td>Workshop 06: Approaches to eating, movement and life</td>
<td>Workshop 08: Total duration: 3.5 hours 8.30am - 10.00am  Room: Riverview 2</td>
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<td>Workshop 07: The Basics of Food Allergy: Getting it Right for Future Practice</td>
<td>Workshop 09: Engaging with the new Aboriginal and Torres Strait Islander health care professionals – exploring what this means for practitioners and educators</td>
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<td>Workshop 09: Part 1</td>
<td>Workshop 10: Part 2: Practical skills for managing frailty and sarcopenic obesity in complex advanced liver diseases</td>
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<td>Workshop 10: Part 2</td>
<td>Workshop 11: Food as Medicine: for cardiometabolic conditions: evidence-based practice using a healthy dietary pattern approach</td>
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<td>Workshop 11: Carlson Nutrition: evidence-based practice using a healthy dietary pattern approach</td>
<td>Off-site workshops</td>
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<td>Workshop 12: Enhancing employability: How to get yourself on track for the career you want</td>
<td>Workshop 13: Motivational Interviewing: Empowering Change</td>
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<td>Workshop 14: Delivering aged care services in a remote capacity – thinking outside the box</td>
<td>Workshop 15: Culinary Nutrition Masterclass: best practice in recipe writing and development for dietitians</td>
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<td>Workshop 16: Engaging with the new Aboriginal and Torres Strait Islander health care professionals – exploring what this means for practitioners and educators</td>
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<td>Workshop 17: Part 1</td>
<td>Workshop 18: Part 2: Practical skills for managing frailty and sarcopenic obesity in complex advanced liver diseases</td>
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<td>Workshop 18: Part 2</td>
<td>Workshop 19: Food as Medicine: for cardiometabolic conditions: evidence-based practice using a healthy dietary pattern approach</td>
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**MORNING TEA**

10.15am - 10.25am

**LUNCH**

12.15pm - 1.15pm

**AFTERNOON TEA**

3.15pm - 3.30pm

Welcome Reception

Exhibition Hall - Adelaide Convention Centre

5.30pm - 7.00pm
Day 1 - Monday 15 August 2022
Adelaide Convention Centre

Opening Ceremony
9.00am - 9.40am

Lecture in honour of Professor Manny Noakes presented by Julie Dundon
9.40am - 10.30am

MORNING TEA
10.30 am - 11am

Nurture Plenary
11.00am - 12.30pm

Janeane Dart - Senior Lecturer and PhD Candidate, Monash University
Sarah Pennell - General Manager, Foodbank Australia
Dr Courtney Ryder - Discipline Lead & Senior Lecturer, Flinders University

LUNCH & Rapid Fire presentations
12.30pm - 1.30pm

AFTERNOON TEA & Pitch Your Project presentations
3pm - 3.30pm

Seminar: Very Low Calorie / Very Low Energy Diets (VLCDs / VLEDs) in different contexts: Overview + panel discussion
3:30pm - 5pm

Stream: Public Health nutrition
Session 1
1.30pm - 3pm

Stream: Managing clinical conditions: Cancer and gastrointestinal disorders
Session 1
1.30pm - 3pm

Stream: Teaching/Education
Session 1
1.30pm - 3pm

Stream: Childhood and youth nutrition and research
1.30pm - 3pm

Stream: Food service and environmental sustainability
1.30pm - 3pm

Seminar: Extending opportunities for rural dietitians to be bold
1.30pm - 3pm

Symposium: Aboriginal and Torres Strait Islander health and nutrition
1.30pm - 3pm

Symposium: Families and Financial Circumstances: the Food Fallout
1.30pm - 3pm

Symposium: Moving beyond hard evidence to advance nutrition practice, policy and research: using lived experience
3.30pm - 5pm

SYMPOSIUM: Very Low Calorie / Very Low Energy Diets (VLCDs / VLEDs) in different contexts: Overview + panel discussion
3.30pm - 5pm

Day 2 - Tuesday 16 August 2022
Adelaide Convention Centre

DIETITIANS AUSTRALIA INTEREST GROUP MEETINGS
5.05pm - 6pm

Conference Dinner
Dietitians Australia Awards Ceremony
7.00pm onwards
National Wine Centre
Day 2 - Tuesday 16 August 2022
Adelaide Convention Centre

**Stream: Disability and Sports nutrition**
- 2.00pm-3.30pm

**Stream: Public Health Nutrition Session 2**
- 2.00pm-3.30pm

**Managing clinical conditions 2: cardiovascular disease, anaemia and kidney disease**
- 2.00pm-3.30pm

**Stream: Teaching/Education Session 2**
- 2.00pm-3.30pm

**Stream: Community Nutrition**
- 2.00pm-3.30pm

**Symposium: Advocating for nutrition in a noisy world – boldly influencing health professional education to improve health**
- 2.00pm-3.30pm

**Symposium: Veg-rrific strategies and interventions to increase vegetable intake in children; across sector perspectives**
- 2.00pm-3.30pm

**Breakfast Seminar - Prioritising plant proteins – evidence and practice**
- 7:30am - 8:00am

*Proudly Sponsored by Sanitarium*

An engaging session highlighting the compelling evidence for prioritising plant proteins in dietary advice, including the updated Dietary Guidelines. Our experts showcase the science illustrating the health advantages of plant protein and include examples of dietary guidance where plant proteins have been prioritised. A culinary nutrition segment featuring plant proteins will be a highlight.

Emma Stirling - Senator Larance, Nutrition and Dietetics - Culinary Nutrition Australian Catholic University
Kathy Lo Marchio - General Manager, Grains and Legumes Nutrition Council
Tim Cassellari - Director of Translational Science, Nutrition Research Australia

**Breakfast Seminar - Championing our profession with politicians and the media**
- 7:30am - 8:30am

Ahead of the recent federal election Dietitians Australia invested in a comprehensive advocacy and media strategy, much more involved than any undertaken previously. The outcomes include increased connection and ongoing discussions with decision makers. Drawing on messages area learnt in the media was a key part of the strategy. Come along to find out what went into the strategy, how we achieved enormous reach with our lettuce vs chicken nuggets media release, ongoing actions and opportunities for you to be involved in our advocacy efforts.

Anne Pleash - Advocacy strategy consultant
Amy Phillips - Media Manager
Sayne Dalton - Acting Advocacy and Policy General Manager

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*Proudly Sponsored by Lakanto Responsibly Sweet*

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**Emerg Plenary**
11.00am-12.30pm

**LUNCH & Rapid Fire presentations**
12.30pm - 1.15pm

**Board and Member Forum**
1.15pm - 2.00pm

**Conference Awards | 2023 Conference Announcement | Closing Ceremony**
4.00pm - 5.00pm